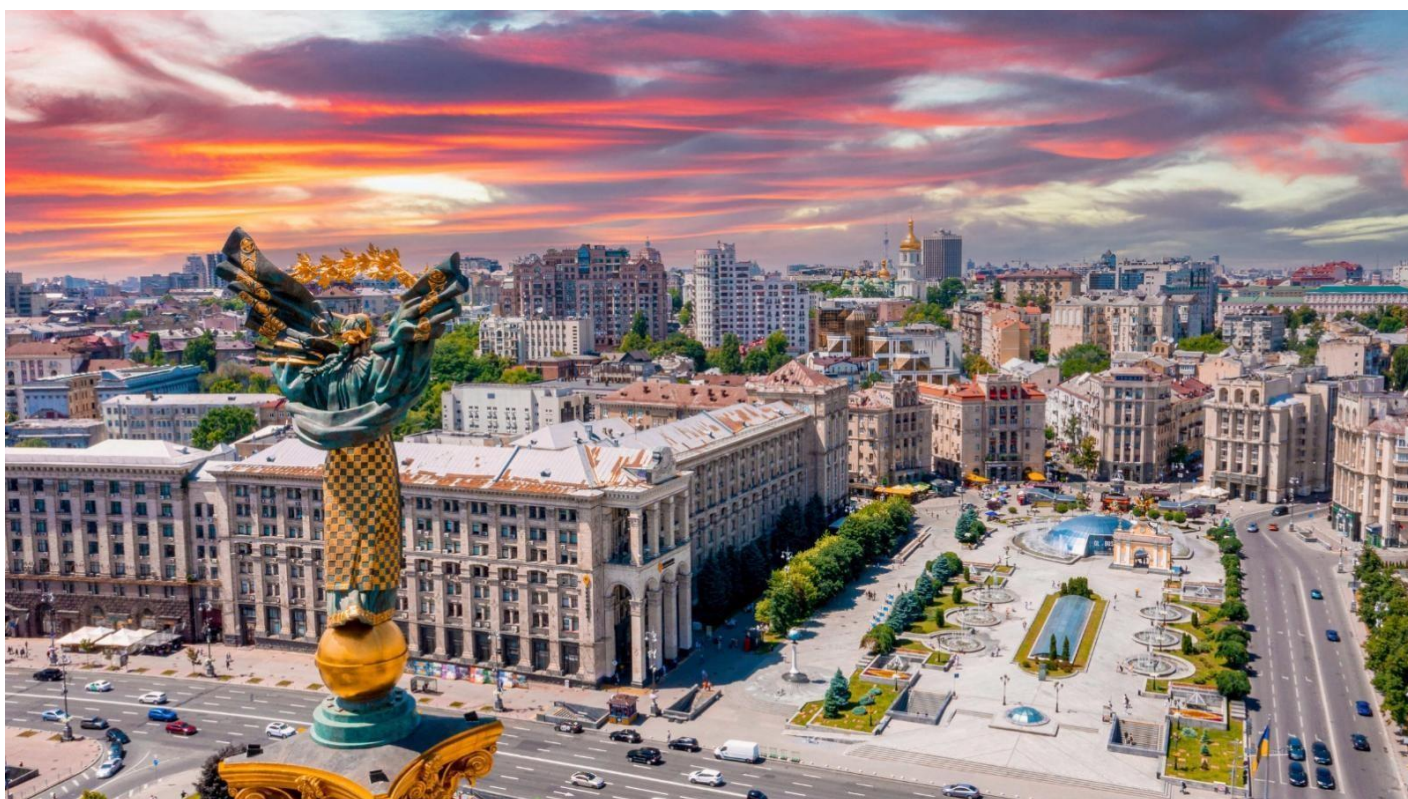




National Academy of Medical Sciences of Ukraine
Ministry of Health of Ukraine
SI "Dmitry F. Chebotarev Institute of Gerontology of the
National Academy of Medical Sciences of Ukraine"
Ukrainian Association of Osteoporosis

Scientific Conference with International Participation
“BONE&JOINT DISEASES AND AGE”



PROGRAM

October 15, 2025

Hotel “Bratislava”, Andriya Malynshka Street, Kyiv, 02000 online,
*Online platform **OsteoHub**: <https://osteohub.info>; <https://www.geront.kiev.ua>*

Co-Chairs of the Organizing Committee:

B.M. Mankovskyi, N. Grygorieva

Scientific Committee:

I. Antoniuk-Shcheglova (Kyiv, Ukraine)

R. Blonskyi (Kyiv, Ukraine)

O. Bortkevych (Kyiv, Ukraine)

O. Halushko (Kyiv, Ukraine)

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A. Musiienko (Kyiv, Ukraine)

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The conference is registered in the List of Continuing Professional Development activities for healthcare workers under the Ministry of Health of Ukraine.

October 15, 2025, Wednesday

Opening of Scientific Conference with International Participation

"BONE&JOINT DISEASES AND AGE"

10:00 – 10.10

WELCOME ADDRESS *Director* of the D. F. Chebotarev Institute of Gerontology of the National Academy of Medical Sciences of Ukraine, ***Prof. B. Mankovsky***

WELCOME ADDRESS *President* of the Ukrainian Association of Osteoporosis, Ukrainian OARSI Ambassador ***Prof. N. Grygorieva***

10:10 – 13:00

SCIENTIFIC SESSION 1

«MANAGEMENT OF OSTEOPOROSIS: FROM RECOMMENDATIONS TO CLINICAL PRACTICE»

Chairpersons: *B. Mankovsky, N. Grygorieva*

THE FACT AND FICTION OF AI IN OSTEOPOROSIS

N. Fuggle (Southampton, United Kingdom)

POSTMENOPAUSAL OSTEOPOROSIS: MECHANISMS OF DEVELOPMENT AND THERAPEUTIC STRATEGIES

I. Golovach (Kyiv, Ukraine)

OSTEOPOROSIS IN MEN: A CLINICAL REALITY OFTEN OVERLOOKED

E. Yehudina (Kyiv, Ukraine)

HOW TO DIFFERENTIATE ENDOCRINE OSTEOPOROSIS? CLINICAL MARKERS AND TASKS OF THE ENDOCRINOLOGIST

V. Orlenko (Kyiv, Ukraine)

MANAGEMENT OF OSTEOPOROSIS IN WOMEN WITH BREAST CANCER: CURRENT APPROACHES AND TREATMENT CHALLENGES

N. Grygorieva (Kyiv, Ukraine)

CKD-ASSOCIATED OSTEOPOROSIS: HOW TO BALANCE NEPHROLOGICAL RISKS AND BONE HEALTH?

L. Savytska (Kyiv, Ukraine)

THE SILENT THREAT TO BONES: HOW TO TIMELY RECOGNIZE GLUCOCORTICOID-INDUCED OSTEOPOROSIS?

E. Yehudina (Kyiv, Ukraine)

ANNOUNCEMENT OF INTERNATIONAL OSTEOPOROSIS DAY 2025 IN UKRAINE

D. Kurylo (Kyiv, Ukraine)

Questions & Answers

Discussion

13.00-15.50

SCIENTIFIC SESSION 2

«OSTEOARTHRITIS PHENOTYPES: SELECTION OF TREATMENT STRATEGIES»

Chairpersons: *I. Golovach, O. Yaremenko*

ADDRESSING CLINICAL POST-TRAUMATIC OSTEOARTHRITIS THROUGH TRANSLATIONAL RESEARCH

S. Chubinskaya (Texas, USA)

PRACTICAL ISSUES IN MANAGING PATIENTS WITH OSTEOARTHRITIS: IMPORTANCE OF A HOLISTIC APPROACH

L. Khimion (Kyiv, Ukraine)

OSTEOARTHRITIS PAIN PHENOTYPE AND POTENTIAL THERAPEUTIC STRATEGIES

I. Golovach (Kyiv, Ukraine)

IS THERE AN ALTERNATIVE TO NSAIDS FOR TREATING OSTEOARTHRITIS IN PATIENTS WITH HIGH CARDIOVASCULAR RISK?

O. Yaremenko (Kyiv, Ukraine)

POST-TRAUMATIC KNEE OSTEOARTHRITIS: FEATURES OF DIAGNOSIS AND MANAGEMENT

R. Blonskyi (Kyiv, Ukraine)

MANAGEMENT OF OSTEOARTHRITIS IN GERIATRIC PRACTICE: CLINICAL GUIDELINES AND CHALLENGES

N. Grygorieva (Kyiv, Ukraine)

Questions & Answers. Discussion

15.50-18.40

SCIENTIFIC SESSION 3

**«GERIATRIC SYNDROMES AND AGE-ASSOCIATED DISEASES IN RHEUMATOLOGY AND
ORTHOPEDICS: RATIONAL APPROACHES TO MANAGEMENT»**

Chairpersons: *O. Halushko, L. Yena*

TREATMENT FEATURES OF PAIN SYNDROMES IN THE ELDERLY POPULATION

O. Halushko (Kyiv, Ukraine)

GOUT AND METABOLIC SYNDROME: THE ROLE OF URIC ACID

A. Krylova (Kyiv, Ukraine)

METABOLIC DISORDERS IN JOINT SYNDROME: FOCUS ON HYPERURICEMIA

O. Bortkevych (Kyiv, Ukraine)

THE ROLE OF VITAMIN D AS THE CONDUCTOR OF METABOLISM

Yu. Komisarenko (Kyiv, Ukraine)

SARCOPENIA IN CLINICAL PRACTICE: CHALLENGES IN DIAGNOSIS AND TREATMENT

A. Musiienko (Kyiv, Ukraine)

FALLS: SCREENING AND PREVENTION

L. Yena (Kyiv, Ukraine)

OSTEOSARCOPENIA: A SIMPLE COMBINATION OR SOMETHING MORE?

N. Grygorieva (Kyiv, Ukraine)

**SARCOPENIC OBESITY IN THE UKRAINIAN POPULATION: HOW TO RECOGNIZE AND
PREVENT IT?**

N. Zaverukha (Kyiv, Ukraine)

Questions & Answers. Discussion

18.40-20.00

Board Meeting of the Ukrainian Association of Osteoporosis

10.00-24.00

Poster session